

# ANGLICAN PARISH OF SOUTH DUNDAS

20 High St, P. O. Box 615, Morrisburg ON K0C 1X0  
613-543-3904

## Message from your Wardens:

Please contact any one of us with your questions, concerns, or feedback regarding parish life. We will do our best to respond.

**Rector's Warden:** Jill Dumaresq: 613-543-3863  
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**Deputy People's Warden:** Wally Baker: 613-543-3348  
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## WISHING TO MAKE A DONATION?

Tax deductible donations can be made through Pre-Authorized Remittance (PAR), e-transfer ([stjames072013@gmail.com](mailto:stjames072013@gmail.com)), or by envelope. Cheques should be made payable to the Anglican Parish of South Dundas.

**Treasurer:** Rosemary Wells: 613-522-0754  
[rosemarywells27@gmail.com](mailto:rosemarywells27@gmail.com)

**Envelope Secretary:** Elizabeth Irwin: 613-543-3158  
[egmirwin@gmail.com](mailto:egmirwin@gmail.com)

## OFFICE HOURS

**Tuesday and Thursday 9:30 - noon - Mark**  
*or by appointment*

**Friday: 9:30 am – noon – Ruth Speer**

**Please call Mark if you need something**  
**613-340-2837**

**Mailing Address: P. O. Box 615,**  
**Morrisburg ON K0C 1X0**



**St. James',**  
*Morrisburg*

**Holy Trinity (Chapel)**  
*Riverside Heights*

**10:30 am – Holy Eucharist**

**The Rev. Mark Lewis**

**Cell: 613-340-2837**

[mark.s.lewis57@gmail.com](mailto:mark.s.lewis57@gmail.com)

**Epiphany 5**

**February 4, 2024**

**Celebrant:** *The Rev. Mark Lewis*

**Liturgical Assistant:** *Ruth Speer*

**Greeters:** *Patty & Tim McLaughlin*

**Readers:** *Joyce Millard, Jack Barkley*

**Chalice:** *Ruth Speer, Wally Baker*

**Sound:** *Jim Millard*

**Livestream:** *Nic Lewis*

**Power Point:** *Elizabeth Irwin*

**Counters:** *Sue Parkes, Judy Jacques*

**Pastoral Associate:** *The Rev. Canon Pat Martin*

**Music Director:** *Margaret Whisselle*

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[www.southdundasanglicans.ca](http://www.southdundasanglicans.ca)

[stjames072013@gmail.com](mailto:stjames072013@gmail.com)

[www.facebook.com/southdundasanglicans](https://www.facebook.com/southdundasanglicans)

## Order of Service

**Gathering Song:** *Everlasting God* **SNC #4**  
**Welcome**  
**Prayer for Peace**  
**Land Acknowledgement**  
**Opening Hymn:** *Praise to the Lord, the Almighty* **CP #384**  
**The Gathering of the Community**  
**The Collect of the Day**  
**First Reading:** *Isaiah 40: 21-31*  
**Psalm:** *147: 1-12*  
**Second Reading:** *1 Corinthians 9: 13-23*  
**Gradual Hymn:** *Praise the One* **CP #397**  
**The Gospel:** *Mark 1: 29-39*  
**Sermon**  
**Apostles Creed:** *I Believe in God Almighty* **CP #44**  
**Prayers of the People**  
**Shema:** Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. This is the first and the great commandment. The second is like it: Love your neighbour as yourself. There is no commandment greater than these.  
**Confession / Absolution**  
**The Peace**  
**Offertory Hymn:** *You Who Dwell in the Shelter of the Lord* **CP #531**  
**Prayer over the Gifts**  
**Supplementary Eucharistic Prayer #1**  
**The Lord's Prayer**  
**Breaking of Bread #2**  
*Communion Songs: Agnus Dei CP #745, Within the Circle of Your Friends, You Are My Hiding Place, Faithful One*  
**Prayer after Communion**  
**Doxology**  
**Blessing**  
**Closing Hymn:** *How Firm a Foundation* **CP #527**  
**Dismissal**

## Prayers of the People

**In the World:** We pray for a just and lasting peace in our world, especially in Ukraine and the Middle East.

We pray for Kathy Lucking and the Madagascar School Project and Mary Sherwood and the orphanage in Madagascar.

**In our Diocese:** We pray for Shane, our Bishop, Linda, our Primate, Anne, our Metropolitan as well as the Diocese of Jerusalem and Archbishop Homan Naoum. We pray for the Evangelical Lutheran Church in Canada and Bishop Susan Johnson and Bishop Michael Pryse. This week we pray for the Parish of Kanata North and the Rev. Dr. Jon Martin.

**In our Community:** We pray for the Pastoral and Spiritual Care Team at Winchester Hospital, Community Food Share - Dundas and Stormont, Dundas County Hospice and Naomi House.

We pray for the municipality of South Dundas as we face an affordable housing crisis and for wisdom and courage for all levels of government involved.

We pray for safe shelter for the homeless and good homes for seniors seeking affordable housing.

**In our Parish:** We pray for: Mark our Incumbent, Pat our Pastoral Associate and for our Parish Council, Liturgical Assistants, Church Musicians, our Children's Ministry, Martha's teams, Apple Tree Ministry, Prayer Ministry, Pastoral Care Team, the Parish Building for the Future Committee and our Shape of Parish Ministry Team.

**In our extended Parish family, we pray for:** Alexa B., Alice T., Andrew F., Andy P., Angie B., Ann E., Anne H., Blake G., Bob W., Brenda B., Carol D., Cathy G., Cathy M., Dail K., David M., David W., Dirk T., Doug M., Gary B., Gloria B., Henri D., Jackie R., Jane W., Janet T., Jaxon V., Jean I., Jessica F., Jim M., Judy L., Julie R., Justin B., Karl B., Kathleen H., Kelly G., Ken H., Larry T., Laurie I., Laurie L., Linda D., Linda H., Linda W., Lise C., Lori M., Maddie, Marilyn B., Matthew R., Mel B., Michael H., Michelle L., Monique L.P., Nancy D., Nancy H., Natalie T., Nicholas. M., Olive, Pat S., Peggy W., Percy M., Peter B., Phil M., Richard P., Robby G., Robert M., Sarah T., Scott B., Sherry S., Shirley B., Shirley T., Shyanne W., Terry R. and family, and Wes L.

**First Reading:** *Isaiah 40: 21-31*

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

**Psalm 147: 1-12**

*(said antiphonally)*

**Leader:** Hallelujah! How good it is to sing praises to our God!  
**All: How pleasant it is to honour God with praise!**

**Leader:** The Lord rebuilds Jerusalem;  
**All: and gathers the exiles of Israel.**

**Leader:** The Lord heals the brokenhearted  
**All: and binds up their wounds.**

**Leader:** The Lord counts the number of stars

**All: and calls them all by their names.**

**Leader:** Great is our Lord and mighty in power;

**All: there is no limit to the wisdom of God.**

**Leader:** The Lord lifts up the lowly,

**All: but casts the wicked to the ground.**

**Leader:** Sing to the Lord with thanksgiving;

**All: make music to our God upon the harp.**

**Leader:** The Lord covers the heavens with clouds

**All: and prepares rain for the earth,**

**Leader:** making grass to grow upon the mountains,

**All: and green plants to serve humankind.**

**Leader:** The Lord provides food for flocks and herds

**All: and for the young ravens when they cry.**

**Leader:** The Lord is not impressed by the might of a horse

**All: and has no pleasure in human strength,**

**Leader:** but finds pleasure in those who fear God,

**All: in those who await the gracious favour of the Lord.**

**Leader:** Worship the Lord, O Jerusalem;

**All: praise your God, O Zion.**

**Second Reading:** *1 Corinthians 9: 16-23*

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the

Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

**Gospel: Mark 1: 29-39**

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

**SONG WORDS**

- Gathering Song:** *Everlasting God* **SNC #4**
- Opening Hymn:** *Praise to the Lord, the Almighty* **CP ##381**
- Gradual Hymn:** *Praise the One* **CP #397**
- Apostles Creed:** *I Believe in God Almighty* **CP #44**
- Offertory Hymn:** *You Who Dwell in the Shelter* **CP #531**
- Communion 1:** *Agnus Dei* **CP #745**
- Communion 2:** *Within the Circle of Your Friends*

1. Within the circle of your friends,  
you found a place for me.  
Beside those I already meet,  
near people whom I've yet to greet,  
I'm privileged to be, I'm privileged to be.
2. Within your commonwealth of love,  
You found a place for me  
To listen, heal, disturb or care,  
Seek words to sing, find truth to share,  
Let life be full and free, let life be full and free.
3. Around the table you prepare,  
you found a place for me  
where, breaking bread and pouring wine,  
you tell us all, this means you're mine,  
and mine you'll always be, and mine you'll always be.
4. Now Saviour, servant, brother,  
Lord, I make a place for you.  
Called to your feast among your friends  
and keen to live as God intends -  
I come to be made new. I come to be made new.

**Communion 3:** *You Are My Hiding Place*

You are my hiding place;  
you always fill my heart  
with songs of deliverance.

Whenever I am afraid I will trust in you,  
I will trust in you.

Let the weak say, "I am strong  
in the strength of the Lord."

(repeat)

...I will trust in you."

**Communion 4:** *Faithful One*

Faithful one, so unchanging,  
ageless one, you're my rock of peace.

Lord of all I depend on you.

I call out to you, again and again.

I call out to you, again and again. *(repeat x1)*

You are my rock in times of trouble.

You lift me up when I fall down.

All through the storm, your love is the anchor.

My hope is in you alone. *(repeat x1)*

**Closing Hymn:** *How Firm a Foundation*      **CP #527**