

**Centre 105 Drop-In Day Program** is an outreach ministry of the Anglican Diocese of Ottawa, located at Trinity Anglican Church in Cornwall, "Providing Breakfast - Creating Community." For more information go to [info@Centre105.ca](mailto:info@Centre105.ca) or phone 343-585-4360. Follow them on Facebook (<https://www.facebook.com/Centre105/>)

**The Community Food Share:** Donations are always appreciated. To make a financial donation please call 613-543-0065 or contact <https://www.communityfoodshare.ca/contact-us/>

**Our parish is a proud supporter of the Madagascar School Project,** developed by Kathy Lucking. Their Wish List is always available at [www.madagascarschoolproject.com](http://www.madagascarschoolproject.com). You can donate on-line or send a cheque directly to Box 684, Cornwall, ON K6H 5T5.

**Madagascar Orphanage:** Donations to the Akany Famonjena orphanage or Akany Tafita center can be sent to Anglican Missions Service Committee, PO Box 1072, Sault Ste Marie ON P6A 5N7.

**Prayer Shawls:** If you would like to support the ongoing work of our prayer shawl ministry, please contact Judy Lapensée (613-652-6278) or Joyce Millard (613-652-2350).

**Greeting Cards:** If you would like to suggest that a card be sent from the church to members of our community for birthdays, anniversaries or get well wishes, please call Elizabeth Irwin at 613-543-3158 or [egmirwin@gmail.com](mailto:egmirwin@gmail.com).

**No Scent Makes Sense:** A growing number of people have sensitivities to scented products. Please help us make the church a safe space for everyone.

**Our Coffee:** We use Equator's *Freakin' Good Coffee* which is Fair-Trade.

**If you would like a pastoral visit or phone call,**  
please contact Mark at 613-340-2837.

The office phone (613-543-3904) is only checked on  
Monday to Friday mornings.

**The House of Lazarus** is providing a drop-in breakfast at the rectory on Mondays, 8:30-11 am. In addition to breakfast, there are scheduled activities for anyone interested. **All are welcome.**

**Stay tuned - more programming is coming up!**

## THIS WEEK IN THE PARISH

*Exploring our faith and serving the world God loves.*

**Jan. 29: 10:30 am - Epiphany 4 - live streamed**

**Jan. 31: 9:00 am - Coffee Morning Gospel study via Zoom**

**Feb. 2: 11:30 am - Martha's Drop-In Soup Lunch**

**Feb. 5: 10:30 am - Epiphany 5 - live streamed**

## Serving the World God Loves

### Martha's Ministries

*Martha of Bethany was a friend of Jesus, known for her hospitality.*

*The Parish of South Dundas is known for its Martha's Ministries.*

**Martha's Closet:** Next Closet: **Saturday, February 25, 9am - noon.**  
For more information, please call the Parish Office: 613-543-3904.

**Martha's Drop-in Soup Lunch:** Doors open at 11:30 am for coffee. Soup served at noon, closes at 1pm. Next Lunch: **Thursday, Feb. 2.**

**Income Tax Assistance** is available to residents of our community and beyond. Call Rosemary at 613-522-0754 to access this **free service.** Taxes are done confidentially over the phone. Rosemary can get the necessary tax papers from the government if you are worried about paperwork. It's possible to go back and file up to 10 years of tax returns.

## Exploring our Faith

**Weekly coffee morning Bible Study: Tues. from 9:00 - 10:00 am.**

This is a facilitated discussion about the upcoming Gospel reading. For a Zoom invite, call Pat at 613-543-0403 or [revpjmartin@gmail.com](mailto:revpjmartin@gmail.com).

**Family Night Out: Friday, February 24, Doors open at 5:15 pm.**

For more information please contact Wendy Lewis at 613-213-2121.

## Preparing for Lent:

**February 21: Shrove Tuesday - Pancake Supper - 5 pm**  
*Looking for volunteers*

**February 22: Ash Wednesday Service + soup lunch - noon**  
**Ash Wednesday Service - 7 pm**

**Lenten Study:** *What is the Way of Jesus?*

Tentatively scheduled for Thursdays, starting March 2<sup>nd</sup> at 7 pm via Zoom and/or Wednesdays, starting March 1<sup>st</sup> at 2:00 pm in the church.

## **VESTRY SUNDAY: Sunday, March 5<sup>th</sup>.**

**Please have your reports into the office by January 29<sup>th</sup>.**

### **What is Vestry?**

- This is our annual general meeting when important decisions for our parish are discussed and voted on.

### **When is it?**

- Sunday, March 5<sup>th</sup> after church.
- There will be refreshments!

### **Who can attend?**

- Everyone is welcome / encouraged to attend.

### **Who Can Vote?**

#### **Members of this congregation who are:**

- sixteen years of age or older
- regular communicants with this congregation
- those not eligible to vote in any other parish vestry
- those who support this church with a tax receiptable donation

#### **First Reading: *Micah 6:1-8***

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord."

"With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?"

He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

#### **Second Reading: *1 Corinthians 1:18-31***

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.

"Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth.

But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

#### **Gospel: *Matthew 5:1-12***

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

**Communion 3: *Be Not Afraid***

You shall cross the barren desert,  
but you shall not die of thirst.  
You shall wander far in safety,  
though you do not know the way.  
You shall speak your words in foreign lands,  
and all will understand.  
You shall see the face of God and live!

**Chorus:** *Be not afraid.  
I go before you always.  
Come follow me, and I will give you rest.*

If you pass through raging waters  
in the sea you shall not drown.  
If you walk amid the burning flames,  
you shall not be harmed.  
If you stand before the power of hell,  
and death is at your side,  
Know that I am with you through it all.

**Chorus**

Blessed are your poor,  
for the Kingdom shall be theirs.  
Blest are you that weep and mourn,  
for one day you shall laugh.  
And if wicked ones insult and hate you  
all because of me,  
Blessed, blessed, are you!

**Chorus**

**Gathering Song: *As We Gather***

As we gather, may your Spirit work within us.  
As we gather, may we glorify your name.  
Knowing well that as our hearts begin to worship,  
We'll be blessed because we came,  
We'll be blessed because we came.

**Gradual: *The Beatitudes***

Blest are you, the poor who trust the Father with your lives,  
For within your heart is born, the kingdom of the Lord.  
Blest are you the sorrowing, who know your Father wise,  
For within your heart is born the kingdom of the Lord.

Blest are you, the lowly ones, who know your need to share,  
For within your heart is born the kingdom of the Lord.  
Blest are you whose searching souls -  
will draw you to God's care,  
For within your heart is born the kingdom of the Lord.

**Refrain:** *Let your light shine for all the world to see  
The brightness of your life within,  
The peace that sets you free.  
Let your light shine to fill your nights and days;  
All will see the deeds you do and give your father praise.*

Blest are you whose mercy shows the Father's love to all,  
For within your heart is born the kingdom of the Lord.  
Blest are you the pure in heart, who live the Father's call,  
For within your heart is born the kingdom of the Lord.

Blest are you who work for peace among the Father's own,  
For within your heart is born the kingdom of the Lord.  
Blest are you who suffer hate to prepare the day to come,  
For within your heart is born the kingdom of the Lord.

**Refrain**

**Offertory: *God of the Poor (Beauty for Brokenness)***

Beauty for brokenness, Hope for despair  
Lord, in the suffering, this is our prayer  
Bread for the children, Justice, joy, peace  
Sunrise to sunset, your kingdom increase!

Shelter for fragile lives, Cures for their ills  
Work for the craftsman, Trade for their skills  
Land for the dispossessed, Rights for the weak  
Voices to plead the cause, of those who can't speak

*Refrain: God of the poor, Friend of the weak*

*Give us compassion we pray*

*Melt our cold hearts, Let tears fall like rain*

*Come, change our love, From a spark to a flame.*

Rest for the ravaged earth, Oceans and streams  
Plundered and poisoned, our future, our dreams  
Lord, end our madness, carelessness, greed  
Make us content with the things that we need

Lighten our darkness, Breathe on this flame  
Until your justice, Burns brightly again  
Until the nations, Learn of your ways  
Seek your salvation, and bring you their praise

*Refrain: God of the poor, Friend of the weak*

*Give us compassion we pray*

*Melt our cold hearts, Let tears fall like rain*

*Come, change our love, From a spark to a flame.*

**Communion 1: *Beyond the Beauty and the Awe SNC #31***

Beyond the beauty and the awe,  
Beyond the fear and dread,  
We long, O God, to hear your word,  
To taste your transformed bread.

Our lives feel torn between the world  
Whose needs are grimly real  
And empty talk of peace and joy  
With distant, vague appeal.

Oh, teach us how to hear your voice  
Despite the traffic's din;  
To keep the blasts of rancour out  
And let your Spirit in.

In sound or silence, sight or smell,  
May we some token find  
That makes your living presence known  
To body, soul, and mind.

Then help us live as Jesus taught,  
As light and salt and yeast,  
That others may be brought to share  
Your promise and your feast.

**Communion 2: *Faithful One***

Faithful One so unchanging,  
Ageless One, you're my rock of peace.  
Lord of all I depend on you.  
I call out to you again and again.  
I call out to you again and again. *(repeat)*

You are my rock in times of trouble.  
You lift me up when I fall down.  
All through the storm your love is the anchor.  
My hope is in you alone. *(repeat)*