

## **This Week in the Parish**

*Exploring our faith and serving the world God loves.*

- Oct. 27: 10:30 am – Pentecost 23 - live streamed**  
**Oct. 27: 3:00 pm – 131<sup>st</sup> Cursillo Weekend Send-off Service**  
**Oct. 28: 1:30 pm – Loving-Kindness Meditation**  
**Oct. 29: 9:00 am – Coffee Morning Gospel conversation – via zoom**  
**Nov. 3: 10:30 am – All Saints – live streamed**

Mark's regular office hours: **Tuesday and Thursday 9:30 to noon or by appointment.**  
**Cell #: 613-340-2837, email: [mark.s.lewis57@gmail.com](mailto:mark.s.lewis57@gmail.com)**

Lynn Levere is in the office Monday mornings 9:30 – noon.

Brenda Bradley is in the office Wednesday mornings 9:30 – 11:30 a.m.

Ruth Speer is in the office Friday mornings 9:30 - noon.

**The office phone (613-543-3904) is checked Sunday to Friday mornings.**

## **Serving the World God Loves**

### **Martha's Ministries**

*Martha of Bethany was a friend of Jesus, known for her hospitality.*

*The Anglican Parish of South Dundas is known for its Martha's Ministries.*

**Martha's Drop-in Lunch: Thursday Nov. 7<sup>th</sup>** Doors open at 11:00 am, coffee served at 11:15 am. Lunch is served at 11:45 am on the 1st and 3rd Thursdays. All are welcome.

**Martha's Closet: Saturday, Nov. 30<sup>th</sup>, from 9 am - 11:00 am.** For more information, please call the Parish Office: 613-543-3904.

**Community Hub and Warming Centre at Martha's House: Mon. - Fri., 8:30 am - 4 pm.**

Programs include a drop-in breakfast on Mondays, 8:30 - 11 am. A legal clinic is available on Tuesdays from 9:30 to 4 pm. Wednesdays there is Income Tax assistance from 9 to 4 pm. A drop-in lunch on the 2 and 4<sup>th</sup> Thursday of the month from 11-1pm. Café Plus happens Friday afternoons. Mondays, Thursdays and Fridays the Advocacy Centre is available to help people find support from various services in the community. See the October Calendar at the back of the church or check your email for the details. ***Please contact House of Lazarus at 613-989-3830 for further information.***

**Circle of Caring/Grief Support Group:** Growing stronger together as we share our grief. The 2<sup>nd</sup> Thursday of each month at 12:30 pm at Martha's House. The next one will be Nov. 14<sup>th</sup>, for more information, please contact Ann Barkley at: 613-543-3908, [annbarkley2008@gmail.com](mailto:annbarkley2008@gmail.com).

## **Exploring our Faith**

**Weekly Coffee Morning Gospel Conversation: Tues. from 9-10 am.** This is a facilitated discussion about the upcoming Gospel reading. For a Zoom invite, call Pat at 613-543-0403 or [revpjmartin@gmail.com](mailto:revpjmartin@gmail.com).

**Loving-Kindness Meditation Session: Monday, October 28<sup>th</sup> at 1:30 pm in the church.**

Come and spend an hour of peace and calm as we meditate on love and kindness to ourselves and others. What to expect: a welcome and tranquil environment, guided meditation focusing on loving-

kindness, techniques to cultivate compassion and inner peace. All are welcome. No prior experience needed. For more information contact: Jane Lee at [janelesleylee@gmail.com](mailto:janelesleylee@gmail.com).

## **ANNOUNCEMENTS / UPCOMING EVENTS**

**Coffee Time:** Join us ahead of the service for coffee, tea, cookies & conversation at the back of the church from 9:50 to 10:20 am. **A signup sheet is at the back of church if you are willing to host. See Pat if you have any questions.**

**131<sup>st</sup> Cursillo Weekend Send-Off Service:** Sunday, October 27<sup>th</sup> at 3:00 pm here in the church. We are hosting and welcoming the community to our parish for the Send-off service for the next Cursillo weekend being held Nov. 1-3, 2024 at Galilee Retreat Centre in Arnprior. If you have any questions about Cursillo please speak to Jack Barkley or Ruth Speer.

**Parish-Friendly Exchange of Christmas Decorations:** Please bring in items that you no longer are using and place them on the tables in the basement. Tables will remain setup in the basement following this Saturday's Martha's Closet. You will have an opportunity to browse the tables following church starting next Sunday, Nov. 3<sup>rd</sup>. Take any items that suit your decorating needs. Free-will donations are gratefully appreciated. Please keep in mind the Madagascar Tea is happening Sunday Nov. 10<sup>th</sup>, the items will be temporarily re-located somewhere else in the church for that Sunday.

**Madagascar Tea Lunch:** Sunday, November 10<sup>th</sup> at 12:30 pm. Kathy Lucking will be our guest in church on this day and there will be an opportunity to support the Madagascar School Project which is in desperate need of funds. The tickets for the Tea Lunch are available in the church office for \$15.00 each. Please note: due to limited space only 60 tickets will be available.

**Tilted Steeple Coffee House:** Friday, November 15 at 7:30 pm is the next concert featuring Plain Folk, Leo Beriault, and Hips & Harmonies. Doors open at 6:45 pm, admission is \$15 cash only. For further details, check out their website, <https://www.tiltedsteeplecoffeehouse.ca/>

**The Bishop is Coming:** Bishop Shane will be with us on **Sunday, November 17, 2024**. If you have any questions about being baptized, confirmed, or received into the Anglican Church please see Mark.

**Christmas Baskets – Collection Beginning:** We are now collecting for this year's Christmas exchange bags. Current needs are: **40 gender neutral deodorant and 39 bottles of all-in-one shampoo & conditioner.** For further information or if you have any questions, please see Wendy Lewis.

**A Christmas Jubilee:** Sunday, December 1<sup>st</sup> at 3:00 pm there will be a concert in the church with the Orchestre Symphonique des Jeunes de la Monteregie under the direction of Georges-Etienne d'Entremont. Tickets will be available through the Tilted Steeple Coffee House and are in the church office. Admission will be \$25.00 for adults and \$15.00 for students.

**Playhouse lunch:** December 4. Shirley Alguire has agreed to run the kitchen and Wendy Lewis will run the front of house. We ask that anyone interested in working in the kitchen for this event or any future events (Kid's church, fund raisers, breakfast, or funerals) get certified in the food handler course. This can be done online at <https://trainfoodsafety.ca> for \$49.95 or google: Train Food Safety.

**2025 Anglican Church Calendar:** The 2025 Church calendars are for sale at \$10.00 each.

**Lunch and Learn – Guided Meditation:** Monday, November 4 from 11 am to 1 pm at Ross Video, 8 John St., Iroquois. If interested please register by October 31<sup>st</sup>. Call House of Lazarus at 613-989-3830 or email [mharbers@houseoflazarus.com](mailto:mharbers@houseoflazarus.com).

**Lakeshore Drive United Church – Tea and Bazaar:** Saturday, November 2<sup>nd</sup> from 10:30 to 1:30 pm, lunch available for \$10.00 per person.

## **Community Connections**

**Centre 105 Drop-In Day Program** is an outreach ministry of the Anglican Diocese of Ottawa, located at Trinity Anglican Church in Cornwall, “Providing Breakfast - Creating Community.” For more information go to [www.Centre105.ca](http://www.Centre105.ca) or phone 343-585-4360. <https://www.facebook.com/Centre105/>

**The Community Food Share:** Donations are always appreciated. To make a financial donation please call 613-543-0065, or mail to PO Box 563, Morrisburg, or contact: <https://www.communityfoodshare.ca/contact-us/>

**Madagascar School Project:** Our parish is a proud supporter of this project, developed by Kathy Lucking. Their Wish List is always available at [www.madagascarschoolproject.com](http://www.madagascarschoolproject.com). You can donate on-line or send a cheque directly to Box 684, Cornwall, ON K6H 5T5.

**Madagascar Orphanage:** Donations to the Akany Famonjena orphanage or Akany Tafita center can be sent to Anglican Missions Service Committee, PO Box 1072, Sault Ste Marie ON P6A 5N7.

**Pastoral Care:** If you would like a pastoral care visit, or know of someone who would like a visit, please contact Mark or Ann Barkley at 613-543-3908.

**Prayer Shawls:** If you or someone you know would benefit from receiving a prayer shawl, or if you would like to support this ministry, please contact: Judy Lapensée (613) 652-6278 or Joyce Millard (613) 652-2350.

**Greeting Cards:** If you would like to suggest a card be sent from the church to members of our community for birthdays, anniversaries or get well wishes, please contact Lynn Levere at 613-662-9432.

**No Scent Makes Sense:** Several people are sensitive to scented products. Please help us make the church a safe space for everyone.

**Coffee:** We use Equator’s *Freakin’ Good Coffee* which is Fair-Trade.

**Offering Envelopes:** If you would like a tax receipt for your regular donations to the parish it is helpful if you sign up for weekly donation envelopes or PAR (pre-authorized remittance). For more information, please contact Elizabeth Irwin ([egmirwin@gmail.com](mailto:egmirwin@gmail.com), 613-543-3158)

**Jigsaw Lending Library:** at the back of the church.

**Save Your Stamps for Oxfam Canada:** Every year, Oxfam raises tens of thousands of dollars by collecting stamps from individuals and companies, which are sorted and sold to collectors. They can be taken to the Canada Post outlet within the Shoppers Drug Mart at the Cornwall Square or give them to Elizabeth Irwin.

**JW MacIntosh Community Support Services Centre:** The centre needs additional volunteers for their transportation program. This involves driving people to medical appointments, adult day program, etc. If this is a service you could help with, please contact the office at the JW MacIntosh Centre at 613-535-2924.